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## DIMENSIONAMENTO DO CAPACETE

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# HELMET SIZING

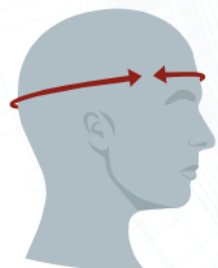
HOW TO MEASURE FOR PROPER HELMET FIT



## HOW TO MEASURE FOR PROPER HELMET FIT

Head measurements are used to ensure a comfortable and safe experience while wearing the helmet. To measure head circumference, use a seamstress/tailor's tape measure or a piece of string with a roll tape measure. Wrap a tape measure or string around your forehead, level to the ground and around the largest point on the back of your head.

The measurement should be about one inch above the eye brows. If you used a string, hold the point where it ended against the roll tape to find the measurement.



Helmet Size	Hat Size	Inches	Centimeters
2XS	6 <sup>7</sup> / <sub>8</sub>	Less than 21 <sup>3</sup> / <sub>4</sub>	Less than 56
XS	7	21 <sup>3</sup> / <sub>4</sub> to 22 <sup>1</sup> / <sub>8</sub>	56 - 57
SM	7 <sup>1</sup> / <sub>8</sub>	22 <sup>1</sup> / <sub>8</sub> to 22 <sup>3</sup> / <sub>8</sub>	57 - 58
MD	7 <sup>1</sup> / <sub>4</sub>	22 <sup>3</sup> / <sub>8</sub> to 22 <sup>3</sup> / <sub>4</sub>	58 - 59
LG	7 <sup>3</sup> / <sub>8</sub>	22 <sup>3</sup> / <sub>4</sub> to 23 <sup>1</sup> / <sub>8</sub>	59 - 60
XL	7 <sup>1</sup> / <sub>2</sub>	23 <sup>1</sup> / <sub>8</sub> to 23 <sup>1</sup> / <sub>2</sub>	60 - 61
2XL	7 <sup>5</sup> / <sub>8</sub>	23 <sup>1</sup> / <sub>2</sub> to 24	61 - 62
3XL	7 <sup>3</sup> / <sub>4</sub>	24 to 24 <sup>3</sup> / <sub>8</sub>	62 - 63
4XL	7 <sup>7</sup> / <sub>8</sub>	24 <sup>3</sup> / <sub>8</sub> and Up	63 and Up

**Note:** Due to variations in head shape, not all the same measurements will result in the same size helmet configuration.

ParacleteLifeSupp

